

Sexual Health Medicine (The University of South Wales)

Postgraduate Certificate





Postgraduate Certificate

Delivered over 6 months, the online, part-time, Postgraduate Certificate course is specially developed for busy health professionals. Formatted in 3 modules, 6 weeks each; the course is designed to be practical and clinically focused.

Why Study Sexual Health Medicine with us?

Taught completely online, our Sexual Health Medicine programme is designed to help healthcare professionals specialise in their career and aid the need for more sexual health professionals. The Sexual Health Medicine Postgraduate Certificate is applicable to all GPs, Practice Nurses, Specialist Nurses and Pharmacists.

Our Sexual Health Medicine programme satisfies the growing international demand for sexual health experts. Having a specialist knowledge in Sexual Health Medicine is an increasingly important asset for healthcare professionals.

The Postgraduate Certificate is aimed at GPs, doctors, nurses, physicians and pharmacists. For healthcare professionals who successfully complete a qualification, career progression would likely be facilitated, as well as the direct opportunity to improve patient care.

Sexual Health Medicine Postgraduate Certificate

Course Modules

Our online Sexual Health Medicine Postgraduate Certificate allows you to study for 6 months and is a part-time, distance-learning course.

Module 1: Understanding Sexual Health and Disorders

Aim of the module:

- The aim of this module is to provide healthcare professionals with a comprehensive understanding of sexual health and various disorders related to it. Participants will gain knowledge about common infections, sexually transmitted infections, genito-urinary skin disorders, and both male and female sexual dysfunction. By the end of this module, participants will be equipped with the necessary skills to diagnose, manage, and provide effective care in sexual health.

Synopsis of module content:

- Introduction to Sexual Health
- Common Infections and Sexually Transmitted Infections including HIV
- Empirical Treatment of Vaginal Discharge and STI Screening
- Genito-Urinary Skin Disorders
- Male Sexual Dysfunction
- Female Sexual Dysfunction and Psychosexual Dysfunction

On completion of this module, students will be able to:

1. An ability to critically appraise the evidence relating to the pathophysiology, impact, management and prevention strategies in sexual health medicine, applying these effectively to varied presentations of common infections and sexually transmitted diseases.
2. Critically evaluate the psychological and physiological aspects of male and female sexual dysfunction and relate this to clinical practice to improve patient outcomes.

Module 2: Sexual Health, Society and the Law

Aim of the module:

- The aim of this module is to explore the intersection of sexual health with societal and legal aspects. Healthcare professionals will gain insights into the impact of issues such as sexual abuse and assault, and unwanted pregnancy and termination. Participants will understand their roles and responsibilities in providing compassionate care and support to individuals affected by these issues while navigating legal and ethical considerations.

On completion of this module, students will be able to:

1. Critically appraise the psychological impact of sexual abuse and assault and be able to critically relate this to providing empathetic and effective care.
2. Critically apply a conceptual and practical understanding of the ethical and legal considerations surrounding unwanted pregnancy and termination and synthesise this knowledge to collaborate within a multidisciplinary team to provide good patient outcomes.

Synopsis of module content:

- Sexual Abuse and Assault
- Unwanted Pregnancy and Termination
- Legal and Ethical Considerations in Sexual Health
- Sexual Health in Adolescents
- Sexual Health in Special Populations
- Menopause

Module 3: Contraception and Family Planning

Aim of the module:

- The aim of this module is to provide healthcare professionals with in-depth knowledge and skills related to contraception, family planning, and the unique sexual health needs of special populations. Participants will gain an understanding of various contraception methods, their benefits, side effects, and suitability for different patient profiles. They will also learn about family planning strategies and infertility diagnosis, investigations and management.

On completion of this module, students will be able to:

1. Critically appraise indications and contraindications of different modes and methods of female and male contraception and their suitability for different patient profiles.
2. Critically evaluate the evidence and guidance relating to family planning strategies and translate that knowledge into advising and supporting patients effectively.

Synopsis of module content:

- Introduction to Contraception
- Female Contraception- Part 1
- Female Contraception- Part 2
- Male Contraception and Family Planning
- Infertility Diagnosis and Investigations
- Infertility Management

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Doing a course, all online is a lot more convenient for me around my clinical role so that's why I chose to study with Learna... I really like how flexible the course was, I liked the freedom I got with the professional project and I was well supported throughout the whole 2 years!

- Lisa Jayne Edwards, Medical Education MSc graduate



Teaching Methods

Our courses are conducted entirely online through self-directed distance learning. However, you will receive guidance throughout with tutor-stimulated academic discussions, which are based on clinically-rich case scenarios. These usually occur within groups of 10-15 students, allowing you to clearly communicate with both your tutor and fellow students.

You will participate in a combination of group and individual activities, which are recorded in a reflective journal. This innovative teaching method enables you to envisage the translation of your studies into your every day work and practice.

Our dedicated Student Support Team are also available to help with any problems you may face. From navigating our online platform to advising you on deadlines, our team can assist with any questions or challenges you may have along the way.

Study skills week

Once you have secured your place on the course, you will be required to attend our Study Skills week. This will give you the opportunity to participate in workshops on Harvard referencing, scientific and reflective writings, and levels of evidence in preparation for your studies. It is compulsory for you to attend this induction, as it'll provide you with a sturdy introduction to the course.

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"When I enrolled into the course I had no idea about the opportunities it would provide me with. Having my first paper published through this course helped me overcome my apprehensions of academic writing and made me more confident to pursue it further. "

-Rutu Dave

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Entry Requirements

Documents required:

- A copy of your updated CV including your address and date of birth.
- A copy of your undergraduate degree certificate.
- The name and email address of someone who is able to provide a reference, this can be a work colleague, employer or former tutor.
- A detailed personal statement explaining why you would like to undertake the course.

Health professionals working within a clinical setting, both UK and overseas, with a related Healthcare Science degree (including international qualifications) are eligible to apply for the Postgraduate Diploma in Dermatology in Clinical Practice.

Applicants without the above academic criteria but relevant/ suitable experience can apply. Applications will be judged on the individual specifics of background and qualifications including ability to work at Postgraduate level (applicants may be asked to submit a piece of work for assessment to confirm that they are able to work comfortably at postgraduate level and demonstrate requisite clinical/professional knowledge).

Applicants should submit copies of the following with their application:

Proficiency in the English language is also essential to completing our courses. If English is NOT your first language, we ask for proof of competency during the application process. We are able to accept an IELTS overall score of 6.0 (with a minimum of 5.5 for each band) or an equivalent qualification.





What do our students think?

Since 2010, over 6000 students have progressed their medical career by enrolling in one of our qualifications. We ourselves have learned a lot during this time and continually seek to improve the student learning experience. Here is what some of our previous students have said:

"I found the online learning very interesting. It enabled me to save money and time."

Dr Imad Eddin Rahamtalla, Doctor

"I strongly recommend Diploma MSc to all those busy physicians who are working in remote areas and wish to upgrade their knowledge."

Dr Junaid Zaffar, Diabetologist

"The learning was fun and enjoyable. The course was awesome and it increased my confidence."

Dr Sankar Nath Jha, Assistant Professor

"I found learning with Diploma MSc interesting, it helped to update my academic knowledge."

Dr Prasanth Kinattupurayil, Doctor

"I love that it was flexible and that I could log in at my convenience. I found this course to be very in-depth, informative, challenging and stimulating."

Kerri-Ann Best PGDip, RD



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